



COUNTY OF LOS ANGELES

DEPARTMENT OF HUMAN RESOURCES

HEADQUARTERS
579 KENNETH HAHN HALL OF ADMINISTRATION • LOS ANGELES, CALIFORNIA 90012
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BRANCH OFFICE
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MICHAEL J. HENRY
DIRECTOR OF PERSONNEL

July 24, 2008

To: Each Department Head

From: Michael J. Henry
Director of Personnel

Subject: **WELLNESS FAIR – WEDNESDAY, AUGUST 13, 2008, DEPARTMENT OF COMMUNITY AND SENIOR SERVICES**

Due to inclement weather requiring the early closure of the Wellness Fair held on May 21, 2008, a subsequent Fair will be held on **Wednesday, August 13, 2008, between the hours of 10:00 a.m. and 3:00 p.m., at the Department of Community and Senior Services, located at 3175 West Sixth Street, Los Angeles, CA 90020.** Wellness Fairs are sponsored by the joint labor-management Advisory Committee on Productivity Enhancement and promote health awareness and well-being. A flyer announcing the event is attached.

Wellness Fairs provide free health screenings for diabetes, blood pressure, body composition, skin conditions, oral health, and vision, as well as evaluations for ergonomics and grip strength. Massage therapy will also be available. County-sponsored and County-approved medical and dental carriers including Anthem Blue Cross, Blue Shield, CIGNA, Kaiser Permanente, PacificCare, Delta Dental, and SafeGuard will participate, demonstrating their ongoing commitment to healthier lifestyles for County employees.

We encourage all departments with offices in the area to allow employees to attend during work hours. Wellness Fairs support the County's Strategic Plan Goal #2, Workforce Excellence, by creating a positive work environment and encouraging employee well-being.

MJH:MLH
MG:DZF:sl

Attachment

c: Each Supervisor
Chief Executive Officer
Deputy Chief Executive Officers
Departmental Human Resources Managers
Wellness Managers

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To Enrich Lives Through Effective and Caring Service

WELLNESS FAIR

OPEN TO ALL L.A. COUNTY EMPLOYEES

Wednesday, August 13, 2008
10:00 a.m. – 3:00 p.m.

at the

Department of Community and Senior Services
3175 West Sixth Street
Los Angeles, CA 90020
Employee Parking Lot

FREE HEALTH SCREENINGS:

BLOOD PRESSURE * BODY COMPOSITION * DERMASCAN * DIABETES
VISION * GRIP TESTING * MASSAGE THERAPY * ERGONOMICS
AND MUCH MORE!



10 Door Prize Drawings Held Hourly!

For more information contact your Department Wellness Manager

OR

Jose Arellano/DHR (213) 738-2242 * Theresa Lopez/ALADS (818) 678-0091
Harold Sterker/SEIU Local 721 (213) 639-6425 * Shawn Millner/CAPE (213) 484-0400

Sponsored by:

The joint labor-management Advisory Committee on Productivity Enhancement